

# **Common Traits Of Little Kids (And Really Successful Grown-Ups)**

- Believe anything is possible
- Laugh a lot; smile easily
- Seek things that are fun to do; find ways to make what they are doing fun
- Curious about everything; love to learn; will try anything once
- Experience and express emotions freely
- Physically active
- Constantly growing mentally and physically
- Move easily from one interest to another; leave activities when bored or when something else grabs their attention
- Are creative and innovative
- Willing to risk; aren't afraid to keep trying something even if they aren't very good initially; not afraid to fail
- Rest when their body tells them to
- Dream and imagine
- Do everything they do with a passion
- Generally don't worry or feel guilty